



Newcastle Staffs Volleyball Club

Return to Playing
Members and Parents/Guardians Briefing

20:00, Wednesday 2nd September 2020

Agenda

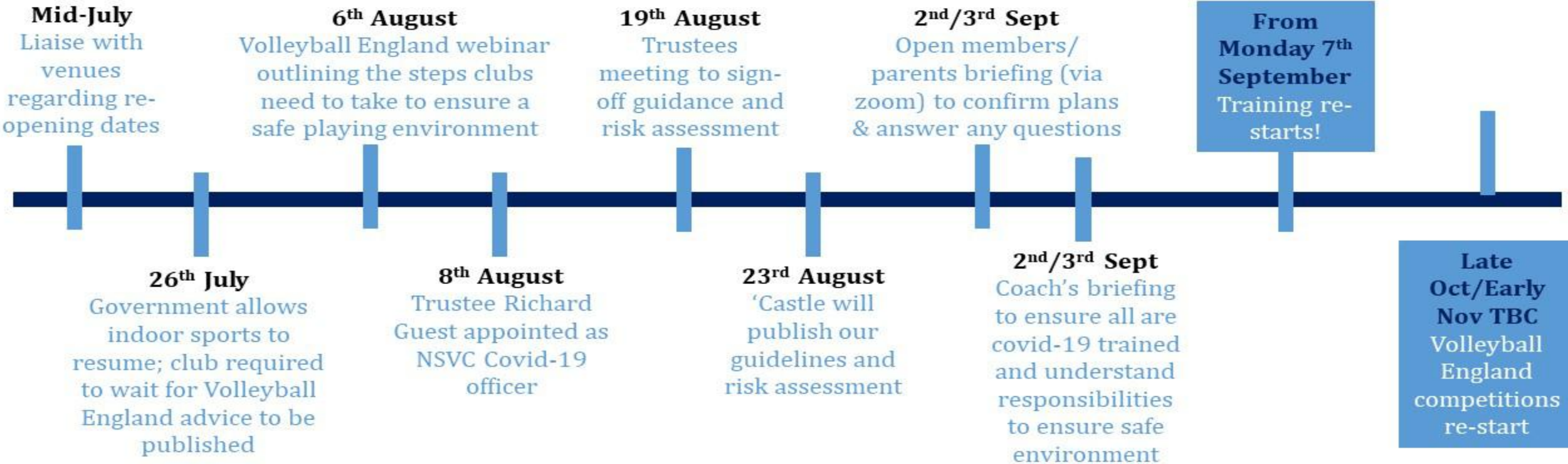
1. Reminder of Timelines
2. Overview and Recap of Work done to Date
3. Before Training Requirements
4. During Training Requirements
5. After Training Requirements
6. Summary



REMINDER OF TIMELINES



Returning to Volleyball at Newcastle Staffs. VC Our timeline for training and competitions



All players will be required to have completed membership forms and signed to adhere covid-19 guidance before taking part in any session.

OVERVIEW AND RECAP OF WORK TO DATE

- Following research carried out both within the UK and across Europe it is confirmed that, with correct control measures in place, Volleyball is considered a low risk sport.
- This is primarily due to the short periods of F2F contact between players during playing activity.
- We have published a *Return to Playing Guidance* which can be found on the clubs website as follows – http://www.nsvc.co.uk/pdfs/docs/COVID_Guidance.pdf
- This provides a detailed guidance on how the club will return to volleyball in a safe environment for both players and coaching staff.
- The club guidance will follow and complement the following (in this order):
 - Government Guidance
 - Venue Guidance
 - Volleyball England Guidance
- Should the club guidance need to be updated as a result of changes to any of the 3 above, this will be done and further versions will be published and members will be notified accordingly.
- We have also drafted a number of Risk Assessments which will be uploaded to the website shortly and provides the coaching team with more specific guidance on how to reduce any risks that they may face during training sessions.



OVERVIEW AND RECAP OF WORK TO DATE (2)

- We have appointed individuals to act as Team/Session Covid Officers across all teams, social session and junior age groups.
- These individuals, as well as the coaching staff, have received an online briefing as to their individual responsibilities during training sessions.
- Coaching staff and other officers who were unable to attend last night's briefing will be sent the recording to watch.
- All training sessions will therefore have a trained individual in attendance to ensure the Guidance and Risk Assessments are adhered to.
- In addition spot checks will be carried out by the overall Club Covid Officer to ensure the guidance remain suitable, are adhered to and coaches and session officers receive support from the club and its members.
- As the club is a charity ran by voluntary trustees with each team/session led by volunteer coaches/officers it is essential that members fully support the guidelines otherwise the roles of our volunteers will become impossible.....

THIS IS WHERE YOU COME IN



MEMBER RESPONSIBILITIES – before training

The following **MUST** be completed before training:

- Ensure you have completed your membership - this includes reading the Guidance published on the web site - http://www.nsvc.co.uk/pdfs/docs/COVID_Guidance.pdf
- Players for senior and social teams will **not** be allowed to train/participate without being a member. Junior members rules will be as per the guidance.
- Ensure you are familiar with any specific guidance issued by the venue. The coach or team/session covid officer will ensure that you have the guidelines or key information ahead of your first session.
- If you, or anyone in your household are displaying any of the symptoms identified by government guidance you must not attend training and must advise your coach and club Covid Officer by email.
- Players must arrive in kit as no changing facilities will be available.
- Players must bring the items listed within the guidance document – sweat towel, drink, sufficient kit, sanitizer.
- Players must leave their bags 2 metres apart from the next person.
- Ensure that any person who touches equipment to set up the court sanitizes their hands immediately afterwards.



MEMBER RESPONSIBILITIES – during training

- The following **MUST** be carried out during training:
 - Limit the number of balls used in each session to one per player
 - Balls must be cleaned at least every 30 minutes. Specific guidance per ball manufacturer will follow.
 - Players must sanitise their own hands during the same 'ball clean' break.
 - Any sweat on the floor must be wiped up by the responsible individual who must sanitise hands thereafter.
- Training sessions will, therefore, be designed to minimise the amount of face to face contact both during playing activity and during breaks or other inactive time.
- A good control point the coaches have been asked to adhere to will be to limit any face to face contact within 2 metres for less than 2 seconds.
- It is therefore essential that members support the coaching staff by taking responsibility for themselves in this regard.
- During periods of inactivity (eg drinks breaks; queuing for drills) players should maintain social distancing and minimise any face to face contact for less than 2 seconds
- If, during the session, a member develops any of the symptoms identified by government they must leave the session immediately and follow the guidelines set out in the guidance



MEMBER RESPONSIBILITIES – after training

The following **MUST** be completed after training:

- An attendance register will be completed for each session and will be retained by the Club Covid Officer for 21 days in accordance with Track and Trace Requirements – please therefore ensure your details have been taken before you leave.
- Where equipment is to be taken down players must sanitise their hands after touching the equipment and before leaving the sports centre.
- Players should leave the premises immediately after training and not congregate in communal areas.



SUMMARY

- HOUSEKEEPING:
 - Seniors must have completed your membership form to be able to train
 - Existing Junior members will be required to complete their membership form to be able to train
 - New Junior members will be required to complete their membership form as soon as possible
 - Prior to completing membership you must have read the *Return to Playing Guidance* and Risk Assessments
- TRAINING PROTOCOL
 - Players to take responsibility for own safety and safety of others
 - No equipment – no training – no excuses
 - Break at least every 30 mins to clean hands and balls
 - Individual players to clean own sweat and hands
- CLUB ETHOS
 - Please support your coaches and covid officers to ensure we can restart the club successfully

